



WHY WAIT UNTIL DECEMBER?

BY POPULAR DEMAND
YOUR FAVORITE SAINT BARBARA SWEETS ARE BACK EARLY!

FROM HALLOWEEN TO SAINT BARBARA
OCTOBER 31 – DECEMBER 4

KETO & GLUTEN-FREE

Pancake dough 12 pcs \$24

1 pc (50g) 200 kcal, Net Carbs 3g, Protein 8g, Fat 18g, Fiber 3 g.

Pancake walnuts & almond 2 servings \$6

1 pc (180g) 653 kcal, Net Carbs 10g , Protein 25g, Fat 57g, Fiber 10 g.

Pancake chocolate 2 servings \$7

1 pc (180g) 653 kcal, Net Carbs 10g , Protein 25g, Fat 57g, Fiber 10 g.

Pancake knefe bi jebneh 2 serving \$4

1 pc (180g) 536 kcal, Net Carbs 10g , Protein 23g , Fat 45g, Fiber 8 g.

Pancake peanut 2 servings \$6

1 pc (180g) 653 kcal, Net Carbs 10g , Protein 25g, Fat 57g, Fiber 10 g.

Pumpkin muffin 1 pc \$4 | 6 pcs \$18

1 pc (45g) 163 kcal, Net Carbs 2 g , Protein 6 g , Fat 15 g, Fiber 2 g.

Baked maakroun 3 pcs \$3 | 250 g \$12

3 pcs (42g) 149 kcal, Net Carbs 1.8 g , Protein 4 g , Fat 14 g, Fiber 2 g.

Chia Qamh al-Eid 1 pc \$3

1 pc (215g) 399 kcal, Net Carbs 7 g , Protein 12 g , Fat 35 g, Fiber 10 g.

HIGH PROTEIN & GLUTEN-FREE

Protein atayef vanille 1 serving \$6

2 pc (150G) 210 kcal, Net Carbs 24 g , Protein 24 g , Fat 2 g, Fiber 3g.

Protein atayef chocolate 1 serving \$6

2 pc (150G) 210 kcal, Net Carbs 24 g , Protein 24 g , Fat 2 g, Fiber 3g.

LOW CAL & SUGAR-FREE

Atayef dough 12 pcs \$5

1 pc (18g) 28 kcal, Net Carbs 5.4 g, Protein 0.9 g, Fat 0.1 g.

Atayef walnut & almond 1 pc \$2 | 12 pcs \$20

1 pc (46g) 110 kcal, Net Carbs 12 g, Protein 2 g, Fat 6 g, Fiber 5 g.

Atayef ashta 1 pc \$2 | 12 pcs \$20

1 pc (46g) 66 kcal, Net Carbs 10 g, Protein 2 g, Fat 2 g, Fiber 2 g.

Atayef peanut 1 pc \$1.50 | 12 pcs \$15

1 pc (46g) 99 kcal, Net Carbs 9 g, Protein 2 g, Fat 6 g, Fiber 2 g.

Atayef knefe bi jebneh 1 pc \$1.50 | 12 pcs \$15

1 pc (46g) 73 kcal, Net Carbs 11 g, Protein 2 g, Fat 2 g, Fiber 1 g.

Atayef chocolate 1 pc \$3 | 12 pcs \$27

1 pc (46g) 99 kcal, Net Carbs 9 g, Protein 2 g, Fat 6 g, Fiber 2 g.

Baked maakroun 4 pcs \$1.5 | 250 g \$7

3 pcs (30g) 124 kcal, Net Carbs 18 g, Protein 4g, Fat 4 g, Fiber 1 g.

Pumpkin muffin Or cake 1 pc \$2 | 6 pcs \$10

1 pc (63g) 113 kcal, Net Carbs 13 g, Protein 4g, Fat 5 g, Fiber 2 g.

Qamh al-Eid 1 pc \$3 | 6 pcs \$15

1 pc (150g) 188 kcal, Net Carbs 32 g, Protein 6 g, Fat 4 g, Fiber 6 g.

PRE-ORDERS NOW OPEN !
WHATSAPP 71 760 160



Nutritas

**PRE-ORDERS OPEN !
WHATSAPP 71 760 160**

KETO & GLUTEN-FREE

Pancake dough

Almond Flour, water, baking powder, allulose, orange blossom water and rose water.

Pancake walnuts & almond

Almond flour, water, baking powder, allulose, orange blossom water, rose water and peanuts.

Pancake chocolate

Almond flour, water, baking powder, allulose, monk fruit orange blossom water, rose water and 85% dark chocolate.

Pancake knefe bi jebneh

Almond flour, water, baking powder, allulose, orange blossom water, rose water, milk and kaak.

Pancake peanut

Almond flour, water, baking powder, allulose, orange blossom water, rose water and peanuts.

Pumpkin muffin / cake

Almond Flour, allulose, butter, eggs, ginger, cinnamon, nutmeg and pumpkin.

Baked maakroun

Almond flour, allulose, monk fruit, butter, eggs, orange blossom water and rose water.

Chia Qamh al-Eid

Chia seeds, coconut powder, allulose powder, rose water, coconut milk, walnuts and almonds.

HIGH PROTEIN & GLUTEN-FREE

Protein atayef vanille

Whey isolate mixed with banana.

Protein atayef chocolate

Whey isolate mixed with gluten-free, sugar-free cacao and banana.



LOW CAL & SUGAR-FREE

Atayef dough

Flour, semolina, water and allulose.

Atayef walnut & almond

Flour, semolina, allulose, monk fruit, orange blossom water, rose water, walnuts and almonds.

Atayef ashta

Flour, semolina, allulose, monk fruit, orange blossom water, rose water, milk and pistachios.

Atayef peanut cream

Flour, semolina, allulose, monk fruit, eggs and peanuts.

Atayef knefe bi jebneh

Flour, semolina, allulose, monk fruit, orange blossom water, rose water, milk and kaak.

Atayef chocolate cream

Flour, semolina, allulose, monk fruit, eggs and 85% dark chocolate.

Baked maakroun

Semolina, olive oil, sugar, allulose, orange blossom water, rose water and spices.

Pumpkin muffin / cake

Flour, allulose, butter, yogurt, eggs, ginger, cinnamon, nutmeg and pumpkin.

Qamh al-Eid

Whole wheat grains, sucralose, shredded coconut, raisin, walnuts, almond and pistachios.

